



Complete this form and email it to:  
programs@tcmworld.org in order for your case to be considered.

Practitioner's Name \_\_\_\_\_ Practitioner's Email \_\_\_\_\_

Patient's Age \_\_\_\_\_ Patient's Gender: Male \_\_\_\_\_ Female \_\_\_\_\_ Other \_\_\_\_\_

As the practitioner, I am willing to present my case live with Dr. Nan Lu: Yes \_\_\_\_\_ No \_\_\_\_\_

Please  "Yes" when applicable, put a check mark, or fill in the blanks below:

**I. Patient Main Complaint (Only 2):**

**II. Patient Symptoms:**

- |                        |     |                          |     |                             |     |
|------------------------|-----|--------------------------|-----|-----------------------------|-----|
| 1. Fatigue             | yes | 10. Loss of Appetite     | yes | 19. Depression              | yes |
| 2. Dizziness           | yes | 11. Abdominal Distension | yes | 20. Anxiety                 | yes |
| 3. Palpitations        | yes | 12. Headache             | yes | 21. Nervousness             | yes |
| 4. Hot Flashes         | yes | 13. Stomachache          | yes | 22. Angry Mood              | yes |
| 5. Perspire a lot      | yes | 14. Diarrhea             | yes | 23. Nightmares              | yes |
| 6. Shortness of Breath | yes | 15. Constipation         | yes | 24. Loss of Sexual Interest | yes |
| 7. Chest Pain          | yes | 16. Skin Rash            | yes | 25. Forgetting Information  | yes |
| 8. Back Pain           | yes | 17. Dry Mouth            | yes | 26. Frequent Urination      | yes |
| 9. Muscle Tension      | yes | 18. Insomnia             | yes | 27. Cold Hands & Feet       | yes |

**III. Additional Information:**

1. Heart Disease: \_\_\_\_\_ heart attack \_\_\_\_\_ arrhythmia \_\_\_\_\_ angina medications: \_\_\_\_\_
2. Allergies: \_\_\_\_\_ wheat \_\_\_\_\_ nuts \_\_\_\_\_ fruit \_\_\_\_\_ seafood \_\_\_\_\_ dairy  
 \_\_\_\_\_ pollen \_\_\_\_\_ fall \_\_\_\_\_ spring \_\_\_\_\_ all year
3. High Blood Pressure: \_\_\_\_\_ how long \_\_\_\_\_ special diet medications: \_\_\_\_\_
4. Diabetes: \_\_\_\_\_ how long \_\_\_\_\_ special diet medications: \_\_\_\_\_
5. High Cholesterol: \_\_\_\_\_ how long \_\_\_\_\_ special diet medications: \_\_\_\_\_
6. Organs removed: \_\_\_\_\_ which ones \_\_\_\_\_ when \_\_\_\_\_
7. Frozen Shoulder: \_\_\_\_\_ when \_\_\_\_\_

**IV. For women only:**

- Menstrual Cramps: \_\_\_\_\_ none \_\_\_\_\_ before \_\_\_\_\_ during \_\_\_\_\_ after
- Pain Intensity (10 being the worst): 1 2 3 4 5 6 7 8 9 10
- Menstrual Disorders: \_\_\_\_\_ early \_\_\_\_\_ late \_\_\_\_\_ irregular \_\_\_\_\_ short cycle \_\_\_\_\_ long cycle
- Other Symptoms: \_\_\_\_\_ diarrhea \_\_\_\_\_ constipation \_\_\_\_\_ headache \_\_\_\_\_ bloating
- Vaginal Discharge: \_\_\_\_\_ none \_\_\_\_\_ white \_\_\_\_\_ yellow \_\_\_\_\_ heavy
- Flow (quantity): \_\_\_\_\_ light \_\_\_\_\_ heavy \_\_\_\_\_ # days of flow \_\_\_\_\_ clots
- Are you pregnant? \_\_\_\_\_ no \_\_\_\_\_ yes \_\_\_\_\_ which month

**V. Medications:**

- Name \_\_\_\_\_ How long \_\_\_\_\_ Condition \_\_\_\_\_
- Name \_\_\_\_\_ How long \_\_\_\_\_ Condition \_\_\_\_\_
- Name \_\_\_\_\_ How long \_\_\_\_\_ Condition \_\_\_\_\_
- Name \_\_\_\_\_ How long \_\_\_\_\_ Condition \_\_\_\_\_
- Name \_\_\_\_\_ How long \_\_\_\_\_ Condition \_\_\_\_\_

**VI. Please list and date any surgeries:**

- Procedure \_\_\_\_\_ Date \_\_\_\_\_ Procedure \_\_\_\_\_ Date \_\_\_\_\_
- Procedure \_\_\_\_\_ Date \_\_\_\_\_ Procedure \_\_\_\_\_ Date \_\_\_\_\_